


POSTMASBURG **30 km / 10 km**
★ YSTERFEES ★ **BERGFIETSNAGREN**

26 / 10 / 2018 **MOUNTAIN BIKE NIGHT RACE**

VAN SURNAME

NAAM NAME

I.D.-NOMMER I.D. NUMBER **OUDERDOM AGE** jaar / years

GESLAG GENDER Manlik Male Vroulik Female **SELFOON CELL PHONE**

E-POSADRES E-MAIL ADDRESS

WOONADRES PHYSICAL ADDRESS

DORP TOWN **POSKODE POSTAL CODE**

FIETSRYKLUB CYCLING CLUB

INSKRYWING ENTRY **AFSTAND DISTANCE** VOLWASSENE ADULT KIND CHILD **INSKRYWINGSFOOI ENTRY FEE** R100 R50

*Inskrywings verleen aan deelnemers toegang tot Ysterfeesterrein (Volwassenes = R100; kinders R50)
 Entries grant participants entry to Ysterfees grounds (Adults = R100; children R50)*

MINDERJARIGES (jonger as 18, ongetroud) : **MINORS (under 18, not married) :**

Ek, ouer / voog van
 I, parent / guardian of

Voltooi met noemnaam en van

Complete with nick name and surname

verleen hiermee toestemming dat
 hereby gives permission for

hy / sy aan die wedren mag deelneem. Ek neem volle verantwoordelikheid vir sy / haar deelname,
 onder die voorwaardes uitgestippel.
 him / her to participate in the race. I take full responsibility for his / her participation, under
 the stipulated conditions.

HANDTEKENING SIGNATURE **DATUM DATE**

***Lees asseblief die reëls op die keersy noukeurig deur voordat u die vorm onderteken.
 Please read the regulations on the reverse before signing the form.***

VRYWARING EN VEILIGHEID

1. Ek is bewus van die moontlike gevare verbonde aan bergfietsry.
2. Ek verstaan dat Postmasburg Ysterfees en organiseerders, sowel as beamptes, helpers en borge alle moontlike stappe neem om die veiligheid van deelnemers sowel as toerusting te verseker.
3. Postmasburg Ysterfees kan nie verantwoordelik gehou word vir enige beserings en/of skade gely deur deelname aan die pretrap nie.
4. Ek onderneem om:
 - volle verantwoordelikheid te neem vir my deelname aan die pretrap;
 - Postmasburg Ysterfees te vrywaar van enige skade en/of besering gely tydens deelname, ongeag of nalatigheid (deur welke party ook al) ter sprake is;
 - te hou by alle veiligheids- en ander reëls soos bepaal deur Postmasburg Ysterfees, die organiseerders, hulle beamptes, helpers en borge;
 - alle pad- en verkeersreëls op die roete te gehoorsaam;
 - te alle tye 'n SABS-goedgekeurde valhelm te dra.

GEEN VALHELM, GEEN LIG, GEEN DEELNAME

INDEMNITY AND SAFETY

1. I am aware of the potential dangers involved in mountain bike riding.
2. I understand that Postmasburg Ysterfees and the organisers, as well as officials, helpers and sponsors have taken all possible steps to ensure the safety of participants and their equipment.
3. Postmasburg Ysterfees will not be held responsible for any injuries and/or damage suffered during participation in the race.
4. I undertake to:
 - participate in the race at my own sole risk and responsibility;
 - exonerate Postmasburg Ysterfees from any damage and/or injuries suffered during participation, regardless whether negligence (by whomever) applies;
 - obey all safety and other regulations as laid down by Postmasburg Ysterfees and the organisers, their officials, helpers and sponsors;
 - obey all road and traffic regulations on the route;
 - always wear an SABS approved helmet.

NO HELMET, NO LIGHT, NO RIDE

BYEENKOMSREËLS EN -INLIGTING :

- Inskrywings vanaf 18:00 by stalletjie-hek.
- Wegspring om 19:00 vanaf stalletjie-hek.
- Slegs een waterpunt.
- Prysuitdeling geskied sodra die laaste ryer in is, by die hooftent van die Ysterfees.
- Rigtingmerkers – pyle op bordjies en beamptes.
- Die wedren is oop vir alle gelisensieerde sowel as nie-gelisensieerde ryers.
- Alle deelnemers wat die wedren voltooi, sal aandenkings ontvang.

EVENT RULES AND INFORMATION

- Entries from 18:00 at stall entrance.
- Start at 19:00 from stall entrance.
- Only one refreshment point.
- Prize-giving at as soon as last rider is in, at the main tent of the Ysterfees.
- Direction markers – arrows on boards as well as officials.
- Race is open to all licenced as well as non-licenced riders.
- All finishing participants will receive souvenirs.

NAVRAE :

Ludi du Plooy
083 409 3988

Johan Uys
076 896 0002

ENQUIRIES :

Marna van Zyl
082 923 1711